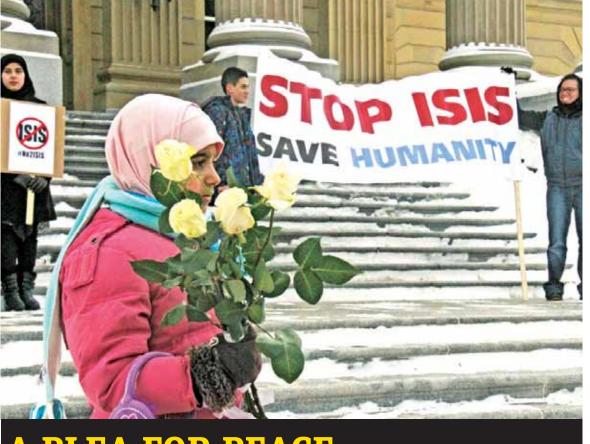






Get your odour running Page 20



EA FOR PEACE

Malak Hussin, 7, hands out roses as a symbol of peace to onlookers at a protest against the Islamic State of Iraq and the Levant at the Alberta legislature Sunday. Story, page 8. TIM QUERENGESSER/METRO

Tinder abuse under scrutiny

Campaign. Group at U of A pressures makers of matchmaking app for stronger security and privacy

LUCY HAINES

Three University of Alberta students are using an online campaign to push the popular matchmaking app Tinder to improve its security and address what they say is its perpetuation of rape culture.
"We hear horror stories

from women who use Tinder who get backlash when they say 'No' — that simple word can trigger threats of being beaten up or raped, and there's no consequence for the perpetrator," said Michelle Schultz, who, with two other Women and Gender Studies classmates, has started the online awareness campaign.

"Lines are crossed left, right and centre," Schultz

Edmontonians hoping to share their experiences using Tinder can submit them via Twitter @TinderGrrrls or at tindergrrrls.weebly.com.

Edmonton social media expert Walter Schwabe said Tinder encourages the shallowest level of human relationships.

"Many see it as a place to

find a hookup," he said.

Worryingly, Schwabe said Tinder's security features to prevent abuse are "rudimentary at best."

Tinder has age restrictions that prevent users 13 and under from accessing the dating app. Users aged 14-17 are allowed access, but Tinder only allows users of similar ages to see these pro-

Critics have noted, however, that a user's age on Tinder is defined by the age they represent themselves as on their Facebook profile, and is open to abuse.

"We're asking Tinder, 'What are you going to do about it?' and we're hopeful about a response," said Brooke Andrews, another of the campaign's co-founders.

"MNP gave me long-term solutions, not short-term fixes."

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Politics. Bhardwaj cleared of wrongdoing

The Progressive Conservative party announced Sunday night it had cleared MLA Naresh Bhardwaj of any wrongdoing in the Edmonton-Ellerslie nomination race.

In a statement, the party said that after employing an independent investigator to look into allegations against Bhardwaj, it concluded its previous disqualification of rival candidate Balraj Manhas should stand.

Manhas withdrew from the race after the party came to him citing problems with his nomination papers right before the Feb. 21 vote. Allegations later surfaced that Bhardwaj had tried to unfairly influence the race.

Two of Manhas's supporters alleged Bhardwaj or others acting on his behalf attempted to have them sign pre-drafted affidavits claiming their names had improperly appeared on the challenger's nomination papers. One of those supporters, Balbir Sidhu, further alleged Bhardwaj offered \$10,000 to sign the affidavit.

In addition to speaking to Metro, both of those supporters made sworn statements about the allegations. None of the allegations has been proven, and Bhardwaj is now suing Sidhu for defamation.

The party's statement said the independent investigation supported the original concerns about Manhas's nomination, and said it found "significant inconsistencies" with the statements made against Bhardwaj.

Reached late Sunday, Manhas said he was deeply disappointed by the party's statement and is considering his options. RYAN TUMILTY/METRO

PCs bringing aboard former adversaries

Politics. Edmonton challengers include ex-journalist and former president of the Alberta Party



TUMILTY

With a provincial election rumoured to be weeks away and with the Progressive Conservatives facing a depleted opposition, the Tories are now attracting candidates who were once their opponents or adversaries.

Many people in Alberta politics know Chris LaBossiere as an active member of the Alberta Party, and were surprised when he picked up the PC party banner.

LaBossiere said when he became the Alberta Party's first president he was disappointed with the government of the day, but said that has changed and that he has a long history with the Tories.

"I was a member of the PC party for 15 years," LaBossiere said. "I was very active in the PC party."

LaBossiere said his involvement with the Alberta Party came just as Twitter became a household name.

"People identify me with (the Alberta Party) because it was at a time when social media was emerging and so was the party," he said.

Katherine O'Neill is another current PC party candidate who once was not among its ranks.



Jumping from the Alberta press gallery to party politics was a move she never expected she would make.

"I was apolitical for most of my adult life," she said. "I haven't even been a Tory

officially for a year." O'Neill said when she left reporting in 2009 she didn't imagine a career in politics, but when she was approached by Tory MLA Matt Jeneroux, she got the sense

As of this weekend, the PCs had nominated 77 of the 87 candidates they need for the election, with more contests scheduled for next week.

Premier Jim Prentice wanted new voices.

"I do believe that Premier Prentice wants fresh blood.

particularly young people with different perspectives at the caucus table," she said.

O'Neill said her one regret in politics so far has been the controversy dogging her nomination race in Edmonton Meadowlark.

"It sounds old-fashioned, but I did get into this to help public service look like a noble calling, and when this happened, it just seemed like more of the same.'





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metronews.ca
Monday, March 23, 2015

Debating what's best for biz: Car parking or bike lanes?

Transportation.

Business leaders mixed on best approach for customers in their areas



STEPHANIE DUBOIS stephanie.dubois@metrone

Studies across North America demonstrate that retail businesses win when on-street car parking is removed for cycle paths, but some Edmonton business leaders caution that as the city prepares to do just that, some owners will need convincing.

Murray Davison, head of the Old Strathcona Business Association, worked with business in his area to investigate how planned bike lanes will affect business if street parking was removed.

"There's a better understanding now on how people are accessing our area," Davi-

Research

- Research in Toronto shows that businesses in that city over-estimate the percentage of customers who arrive by car by 100 per cent.
- The same research shows that businesses underestimate the number of customers who arrive by bicycle by 50 per cent.

son said, following the research. "Although parking is a premium, there's parking in other locations, so losing a bit for a bike lane really isn't going to be that detrimental."

The city is currently working on the design of the proposed 83rd Avenue bike lane route, something which will help to "greater service the Old Strathcona area," Davison said.

"It's going to be a tough

haul for the city. At least in our area, we've done a lot of work on it, done a lot of work on parking. But not all other areas will have that work done independently of the city," Davison said.

City officials say they haven't undertaken case studies on the effect removing onstreet parking has on business or the potential benefits of installing bike infrastructure yet, but it is something they're considering.

Ed Fong, chair of the 104 Street Committee, isn't convinced removing parking for a bike lane on 104th Street would be needed in his area.

"Personally, I'm not in favour of removing vehicle lanes of traffic to make room for bikes on 104th Street," he said.

"There's no curb, so (104th Street is a) very bike-friendly street to begin with. I think the parking is valued by many business owners and I think there would be a problem with that."



Disqualified candidate says his actions were routine

A former Progressive Conservative candidate who was recently disqualified said it seems the party was simply trying to clear a path for their preferred candidate and he's done nothing to deserve being trounced.

Don Martin, who was disqualified in Edmonton-Decore earlier this month, admitted Sunday that he talked to Steve Benson about exiting the Edmonton-Meadowlark race but did so before Benson was offi-

cially a candidate there.

He described the discussion as regular politicking.

Benson has alleged he was approached by an unnamed person from another campaign about withdrawing and was offered a bribe to do so. After the allegations were made, the PC Party disqualified Tom Choucar, Benson's rival in the riding.

Martin said Choucar wasn't involved in the idea and that

the party is portraying his actions as offering "inducements" when he was simply trying to start a discussion.

"My suggestions would have been for him and Tom to come to some sort of a gentleman's agreement," he said.

Martin stressed he said this without Choucar's direction and suggested to Benson that they could come up with a way to fundraise to help cover Benson's early expenses if he

exited

"Those arrangements are very common in nomination contests at all levels of government," he said.

Martin said using a chat to disqualify two candidates is simply unfair.

"It would appear that the party used what was in effect an honourable and run-of-the-mill conversation between candidates to disqualify two individuals," he said.

Tom Choucar said he was approached about leaving the race by several people in the party, including a cabinet minister, and believes they found an excuse to force him from

"That's guaranteed what it was," he said.

Choucar said he sold 500 memberships, people who now feel like their vote has been thrown away.

RYAN TUMILTY/METRO

Contested nominations

Two other contested nominations were decided in Edmonton this past weekend. Incumbent MLA Peter Sandhu lost his party's support in Edmonton Manning in favour of Gurcharan Garcha, while MLA David Xiao retained his nomination.



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metronews.ca Monday, March 23, 2015 metr⊕ **EDMONTON**

Shooting

Police seeking description of nightclub gunman

Edmonton police continue to search for a description of a suspect after three people were shot outside a busy downtown nightclub early Saturday morning.

Shots rang out around 3 a.m. outside the Club XO on Jasper Avenue at 100

Street. Acting Staff Sgt. Walter Kubrak said three people, one woman and two men, were hit by bullets.

"There were three people who were injured, three people who suffered gunshot wounds," he said. All three injuries are not life threatening, he said.

Kubrak said the victims and witnesses who were at the club have been interviewed, but they don't yet have a description of the suspect. metro

Terrorism

Teen charged with terror offences

Court documents allege an Alberta teen charged with terror-related offences wanted to travel overseas to fight with the Islamic State of Iraq and the Levant (ISIL).

The 17-year-old boy was taken into custody Thursday in Beaumont.

RCMP have laid two charges: One of attempting

to leave the country to participate in a terrorist group and another of attempting to leave the country to commit a terrorist activity, "namely murder."

Court documents say the alleged offences involve ISIL and are to have taken place on or about March 8 at or near Beaumont, Edmonton, Calgary "and elsewhere."

The teen cannot be identified under the Youth Criminal Justice Act.



Man found dead in west end apartment

Crime. Edmonton police consider the incident to be suspicious; investigation under way



RYAN TUMILTY

Edmonton police are investigating what they're calling a suspicious death after a man was found dead in the city's west end around 8 a.m. Šunday.

Police were called to 422 Briarwynd Court, which is in a row of townhouses with a series of apartments over top, at 8:23 a.m.

When Emergency Medical Services arrived they pronounced the man dead at the

Homicide detectives are in the early stages of their investigation Sunday morning and few details were available, according to a police news release. Police have yet to release the age of the deceased.

Neighbours said they had

"There was a lot of noise. There is always parties there and people velling."

Kyle Fowler, a resident of one of the

heard loud noises coming from one of the top-floor apartments, but many were unaware that someone had

Kyle Fowler, who lives across from the apartment, said 422 Briarwynd often had people coming and going, and parties that seemed to go all night.

"There was a lot of noise," Fowler said. "There's always parties there and people velling.'

Fowler said he heard noise at around 3 a.m. Saturday night, and his girlfriend had heard yelling at around 5 a.m.

Anyone with any information on the case is being asked to call Edmonton Police at 780-423-4567 or Crime Stoppers at 1-800-222-8477.



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metronews.ca Monday, March 23, 2015

Faiths unite to protest mission

Terrorism. Group calls for a different approach to fighting ISIL, argues against Muslim stereotypes

TIM QUERENGESSER

tim.querengesser@metronews.c

Girls in hijabs handed out yellow, red and purple roses as symbols of peace at the Alberta Legislature on Sunday as Muslim and Christian men and women gathered to protest Canada's intention to extend its military campaign against the Islamic State of Iraq and the Levant (ISIL) group.

"We think that the way to deal with a violent ideology requires a more creative approach," said Safana Makhdoon, 33, one of the organizers of the protest. The event drew about 25 people who have immigrated to Edmonton from Iraq, Pakistan, Kenya, Tanzania, Iran and Afghanistan.

"We've seen what happened in Afghanistan after September 11th. By going there and bombing people that were supposedly al-Qaida militants, it just ended up spreading."

This week, the federal cabinet is widely expected to propose extending Canada's Special Operations mission against ISIL, currently concentrated in Iraq, by up to one year.

Makhdoon and others at the protest said battling violence with violence is the wrong approach. They believe defeating ISIL will require offering people in states beleaguered by the militant group a better, more hopeful alternative.

While their parents pushed to shift foreign policy, younger Muslims at the protest ex-

Quotec

"We think that the way to deal with a violent ideology requires a more creative approach."

Safana Makhdoon, 33, one of the organizers of the protest

pressed hope that stereotypes about their religion will end.

"We're here to tell people that (ISIL) does not represent Islam and that Muslims are not terrorists," said 12-year-old Sarah Alaskary.

"We are against all terrorism around the world and want to tell people that we don't represent (ISIL)."

Alaskary, who wears a hijab and whose family emigrated from Iraq, said she does not experience discrimination at her school in Edmonton.

Still, she said, "We don't feel we are treated properly."



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The Regina Humane Society wants to find the person who wrapped the paws of a cat, dubbed "Bruce Almighty" by rescuers, so tightly with electrical tape that it may lose one of its paws. REGINA HUMANE SOCIETY/THE CANADIAN PRESS

Alms flood in for **Bruce Almighty**

Animal abuse.

Humane society waits to see whether paw must be amputated

An abused Regina cat facing the amputation of one of its paws has inspired donors to give more than double what humane-society organizers had originally hoped.

The cat, called "Bruce Almighty" by rescuers, was discovered last week with its paws and legs wrapped so tightly with electrical tape that the feline suffered tissue damage and

The Regina Humane Society hoped to raise \$5,000 with a campaign on gofundme.com to cover the cost of treatment. By Sunday, it was already past \$11,000.

infection.

Bruce Almighty has undergone hours of surgery, and staff at the Regina Humane Society say a decision will be made Monday on whether to amputate a front paw.

Executive director Lisa Koch says Bruce is alert and eating, and staff hope he'll pull

"We're going to see if we can see some further improvement in those paws, in particular on his front legs, before we decide what our next steps will be," Koch told radio station CJME.

The cat was reported Wednesday to the humane society when someone spotted him in northwest Regina.

The society has asked anyone with information about what happened to get in touch.

Koch said all money left over from Bruce Almighty's treatment will be used to care for an expected influx of animals in need.

CJME/THE CANADIAN PRESS

Fonyo awakens from coma after assault

More than a month after Steve Fonyo was stabbed during a violent home invasion, he has been lifted from an induced coma but is suffering from memory loss and slurred speech.

His sister Suzanne Main says doctors have diagnosed him with a head injury but they don't know whether it will be permanent — and her family is holding out hope for a full recovery.

She says the medically induced coma was lifted about two weeks ago, but her visit

this past weekend marked the first time she saw him awake since the Feb. 13 at-

When she arrived at the hospital on Saturday, Main says Fonyo started to cry and hugged her tightly, telling her in a slurred voice how happy he was to see her.

Main says the head injury is preventing RCMP from interviewing Fonyo about what investigators have said was likely a targeted assault in his home in Surrey, southeast of Vancouver. Three men

Who is Steve Fonyo?

Fonyo, who lost a leg to cancer as a child, ran across the country in 1984 to raise money for cancer research.

His achievements were later overshadowed by criminal convictions and

stormed his doorway and attacked him.

THE CANADIAN PRESS

metronews.ca Monday, March 23, 2015 **CANADA**

Quebec. Bloc intends to hold intercultural independence gathering

Days after a Parti Québécois leadership hopeful's controversial comment on immigration, Bloc Québécois leader Mario Beaulieu has announced his party's intention to hold a large intercultural gathering for independence.

In an interview with The Canadian Press, Beaulieu explained the Bloc Québécois wants to show that a large number of immigrants are in favour of Quebec's independence.

Last week, Pierre Karl Peladeau said that immigration represented a threat to the sovereigntist movement. The PQ MNA and leadership candidate later apologized for his comments, saying they were inappropriate and did not reflect his true thinking.



Without directly referring to Peladeau's remarks, Beaulieu said it was necessary to reach out to Quebecers of all origins to persuade them of the advantages of independence.

He said the national question was "the business of all Quebecers, without exception." THE CANADIAN PRESS

Middle East. Canada backs two-state solution: Harper

Prime Minister Stephen Harper has reiterated Canada's support for a two-state solution for Israelis and Palestinians during a phone call to newly re-elected Israeli Prime Minister Benjamin Netanyahu.

The statement from Harper's office on Sunday was more muted than statements made recently by U.S. President Barack Obama, French President Francois Hollande and UN Secretary General Ban Ki-moon.

It was the first time Harper and Netanyahu had spoken since Netanyahu secured a victory on Tuesday.

In the final days of the hotly contested campaign, Netanyahu said he would not support the creation of an independent Palestinian state. That position flew in the face of that trad-

"Only the creation of a viable and sovereign Palestinian state, living peacefully and securely side-by-side with Israel, can allow us to ensure peace and prosperity in the Middle East."

French foreign minister Laurent Fabius, talks about french President Francois Holland's position

itionally taken by the U.S., Europe and Canada.

"The Prime Minister reiterated Canada's long-standing position in favour of a two-state solution," wrote press secretary Carl Vallee. THE CANADIAN PRESS



\$4.3M spent on medical pot for injured veterans

Health. Figures released by Veteran Affairs represent a dramatic escalation in costs, prescriptions

The cost of providing medical marijuana to the country's injured soldiers under a Veterans Affairs program jumped to more than \$4.3 million this fiscal year, an increase of 10 times what was spent last year.

And the number of ex-soldiers eligible for taxpayer-funded, prescribed pot more than quadrupled to 601 patients, according to figures released by

the department.

The numbers represent a dramatic escalation, even from last fall, when former veterans minister Julian Fantino was told in a briefing note that there were 224 approved cases.

At the beginning of the last budget year, there were 116 eligible veterans.

In 2013-14, the government spent \$417,000 on medical marijuana for soldiers, said the briefing obtained under accessto-information legislation.

The jaw-dropping increases may represent a conundrum for Health Canada, which routinely warns against marijuana use, and the ruling Conservatives, who have ridiculed Liberal Leader Justin Trudeau's campaign for overall legalization of marijuana.

In a statement, a Veterans Affairs spokeswoman stood by the program, pointing to government documents explaining that even though the government does not want to see marijuana used as medicine, the courts have ordered patients to have access to it if prescribed.

"Marijuana for medical purposes is not an approved drug or medicine in Canada, and Health Canada does not endorse or promote the use of marijuana," said Janice Summerby.

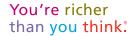
"However, (Veterans Affairs) will support eligible veterans by reimbursing the cost of marijuana for medical purposes if their physician deems it is an appropriate treatment for the veteran's health condition and authorizes its use in accordance with Health Canada's regula-

Throughout much of last year, there was a growing debate within the veterans department about how much would be covered by the program, introduced in 2008, and whether it should be capped or even cancelled outright.

Fantino, who has since been replaced by Erin O'Toole as minister, was presented with four different options, including dropping the policy but retaining existing clients or eliminating it altogether.

THE CANADIAN PRESS







metronews.ca
Monday, March 23, 2015

Jewish leaders seek Holocaust fees

Greece. Thessaloniki community considers how to reclaim rail fares of those sent to death camps

It was 1943, and the Nazis were deporting Greek Jews to death camps in Poland. Hitler's genocidal accountants reserved a chilling twist: the Jews had to pay their train fare.

The bill for 58,585 Jews sent to Auschwitz and other camps exceeded 2 million Reichsmark — more than 25 million euros (\$27 million) in today's money.

For decades, this was a forgotten footnote among all of the greater horrors of the Holocaust. Today it is returning to the fore amid the increasingly bitter row between Athens and Berlin over the Greek financial bailout.

Jewish leaders in Thessaloniki, home to Greece's largest Jewish community, say they are considering how to reclaim the rail fares from Germany — with seven decades of interest.

"We will study the law and do our best to claim," the community's president, David Saltiel, told The Associated Press.

Such a move would suit the new government in Athens, which is trying to shift the public focus from Greece's current debt crisis to Germany's Second World War debts ahead of Monday's first visit to Berlin by Greece's new Prime Minister Alexis Tsipras.

Billions of euros in rescue loans from other European countries and the International Monetary Fund have saved Greece from bankruptcy since 2010. Germany, the largest contributor to the bailout, has been vocal in pressing Greece to cut back on government spending to bring its finances under control.

But the Greeks point out that, following its wartime defeat, Germany received one of the biggest bailouts in modern history within a decade of laying waste to much of Europe. Greece was among 22 countries that agreed to halve Germany's foreign debt at a 1953

Quoted

"It's embarrassing if rich Germany demands that poor Greece ... pay back debt."

Gesine Schwan, who twice ran for president as the candidate of Germany's centre-left Social Democrats, on the forced loan that Nazi Germany took from Greece during the war

conference in London.

Even some German politicians have called for a change of heart on the reparations issue. They argue that if Germany doesn't confront its Second World War guilt, it cannot expect other countries to repay their more recent debts. The point has particular resonance in Germany because, in German, guilt and debt are the same word: Schuld.

Among the claims that Greece, or individual Greeks, might bring against Germany:

 Billions of euros in present-day money as compensation for destroyed infrastructure and goods looted by the Nazis from 1941 to 1944.



• Compensation for the estimated 300,000 people who died from famine during the winter of 1941-1942.

• Compensation for the slaughter of civilians as reprisals for partisan attacks. One of

the most infamous massacres took place in the Greek village of Distomo on June 10, 1944, when Waffen-SS soldiers, killed more than 200 women, children and elderly residents. Another in Kalavryta in December 1943 involved German troops killing more than 500 civilians.

Previous efforts to bring claims against Germany have ended in legal quagmires.

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WORLD 13

Voters blunt rise of France's National Front

Politics. Party known for its opposition to immigration, radical Islam and the EU

France's governing Socialists never expected to do well in Sunday's first-round elections, and their strategy worked just as planned: their conservative rivals took first place.

Before the elections for 2,000 local councils, the Socialists urged people to vote, hoping that turnout would blunt the rise of Marine Le Pen's far-right National Front, even if it meant Nicolas Sar-kozy's conservative UMP would be the victor.

Initial projections gave the UMP party 31 per cent of the vote compared with 24.5 per cent for the National Front and 19.7 per cent for the Socialists and their allies. Turnout was 51 per cent, compared to about 45 per cent in 2011.

With little air of a man in third place, Prime Minister Manuel Valls was the first to praise the far-right party's defeat.

"This evening, the extreme right, even if it is too high, is not at the forefront of French politics," Valls said.

Le Pen was nowhere on the ballots herself, but her National Front is trying to build a grassroots army of local officials to buttress her presidential ambitions in 2017.

France's council elections are in two rounds, so victory Sunday determines which candidates can contest a second vote March 29. The Socialists are deeply unpopular after the government's failure to turn around France's economy. Both they and the UMP are torn by infighting, leaving the National Front something of an open field for the first round

But both the Socialists and UMP, normally rivals, have issued dire warnings about the National Front, whose opposition to immigration, radical Islam and the European Union has helped transform the party from a pariah under Le Pen's father. THE ASSOCIATED PRESS



Hundreds attend funeral for woman beaten by Kabul mob

Afghan women's-rights activists carry the coffin of 27-year-old Farkhunda — an Afghan woman who was beaten to death by a mob — at her funeral in Kabul, Afghanistan, on Sunday. Hundreds of people gathered in northern Kabul for the funeral of Farkhunda, who like many Afghans is known by only one name. She was killed late Thursday by a mob of mostly men who beat her, set her body on fire and then threw it into the Kabul River, according to police accounts. Police are still investigating what prompted the mob assault. MASSOUD HOSSAINI/THE ASSOCIATED PRESS

Venezuela. Bus accident kills at least 11 people

At least 11 people have been killed in Venezuela when a bus rolled into a ravine southwest of Caracas.

Another 36 people were injured in the crash, which occurred Sunday as the bus was travelling to visit a lagoon.

The bus driver was among the dead, according to statements released on Twitter by the National Police and a highway safety official.

The cause of the crash was under investigation.
THE ASSOCIATED PRESS

Central African Republic. Extremists attack villages

A group of heavily armed Muslim extremists attacked several villages in Central African Republic over the weekend, killing at least 11 people, a villager said Sunday. Central African Republic

Central African Republic has been rocked by sectarian violence since 2013. That year, mostly Muslim Seleka rebels seized power, and their brutal rule led to the rise of Christian militias that unleashed a wave of violence against Muslims. UN and French troops are now trying to stabilize the country.

THE ASSOCIATED PRESS

New Orleans

Airport attacker had Molotov cocktails: Sheriff

A machete-wielding attacker who died hours after being shot by a sheriff's deputy who stopped his rampage at New Orleans' international airport had a bag loaded with Molotov cocktails, authorities say.

Richard White, 63, had been shot Friday night as he chased an unarmed Transportation Security Administration agent through a concourse full of frightened travellers — and in the direction of a sheriff's deputy, who drew her gun and fired three times. White died Saturday afternoon.

THE ASSOCIATED PRESS

Tunisia

Forces pursue third attacker in museum assault

A third attacker in the deadly assault on the Bardo museum is on the run, Tunisia's president said Sunday, declaring his country at war with the extremists who killed 21

people at one of North Africa's most revered cultural institutions.

President Beji Caid Essebsi said the attack involved "three aggressors" and the third man escaped.

He was speaking live with French network iTele from inside the museum, its elaborate tile work visible behind him.

THE ASSOCIATED PRESS

Ebola

Liberians volunteer for vaccine trial

Liberians are overcoming their fears of Ebola to volunteer for a vaccine trial.

The gruesome toll of the Ebola outbreak, which has killed more than 4,200 Liberians of the more than 10,000 West Africans who have succumbed to the disease, has intensified efforts to find a vaccine for a disease that previously infected relatively few people in remote areas.

One year after the World Health Organization declared the Ebola outbreak, vaccine trials are underway in Liberia and Guinea. Sierra Leone will start a trial later this month.

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Iran stymies Iraq mission: CIA

War on terror.

U.S. involvement in Iraq being thwarted by ran's Quds Force, CIA director argues

Having the leader of Iran's elite Quds Force direct Iraqi forces battling the Islamic State of Iraq and the Levant (ISIL) is complicating the U.S. mission against terrorism, and is also contributing to destabilization in Iraq, the director of the Central Intelligence Agency said Sunday.

The comments by CIA Director John Brennan on Fox News Sunday are among the strongest yet voiced by American officials about the involvement of shadowy Iranian Gen. Qassem Soleimani in the war against the extremist group.

Brennan described Soleimani as being "very aggressive and active" as he advises Shiite militias battling the extremists, most recently in the ongoing offensive targeting Tikrit, Saddam Hussein's hometown.

Brennan said he "wouldn't consider Iran an ally right now inside Iraq."

The chairman of the Joint Chiefs of Staff, Gen. Martin Dempsey, testifying at a congressional hearing this past week, said that the U.S. worries that Shiite militiamen eventually might turn against Sunni and Kurdish Iraqis, further destabilizing the country.

But Brennan said he did not believe the presence of Soleimani and his advisers pointed to Iran having a larger role in Iraq and its future. However, he acknowledged it's not for lack of trying. Baghdad's Shiite-led government has forged closer ties with Iran.

"We're not letting them play that role. I think they're working with the Iraqis to play that role," the CIA head said. "We're working with the Iraqis, as well."

Brennan pointed to the Iraqis themselves for the country's instability, rather than

Quoted

"I think the fault really lies with a number of the Iraqis who wasted and squandered the opportunity they had after the government was reconstituted..."

CIA Director John Brennan

the pullout of U.S. troops. Iraqi security forces crumbled in the Islamic State group's lightning offensive last summer. The militants now hold a third of Iraq and neighbouring Syria in their self-declared caliphate.

"I think the fault really lies with a number of the Iraqis who wasted and squandered the opportunity they had after the government was reconstituted not to put at rest some of these sectarian tensions and not to be more inclusive as far as bringing the Sunni community in," Brennan said.



Hopeful encounter inspires teen to battle illness



An ailing Chilean girl who made a public plea for permission to end her life has had a change of heart, according to her father.

Fredy Maureira told The Associated Press on Sunday that his 14-year-old, daughter, Valentina, has changed her mind after meeting people who responded to her plea to be euthanized in order to end her suffering from cystic fibrosis.

"Yes, she is thinking about it," Maureira said.

Quote

"There are people who have led me to change my way of thinking."

Valentina Maureira

On the change of heart she had in regards to ending her own life because of her ongoing struggle with cystic fibrosis.

The girl told the El Mercurio newspaper that "there are people who have led me to change my way of thinking."

A video in which Maureira asked Chilean President Michelle Bachelet to allow her to be euthanized gained global attention last month after it was posted on YouTube.

Bachelet, who is a trained pediatrician, visited the girl and her family but the government said it could not approve her request.

Valentina Maureira took a photo of herself with President Michelle Bachelet, at the Catholic University hospital in Santiago, Chile in February.

Fredy Maureira said his daughter was especially moved by a visit from an Argentine family whose children have been stricken by the incurable respiratory

He said she also was given hope by meeting a patient who has survived beyond age 20

has survived beyond age 20.
Valentina's brother died
of the illness when he was six
vears old.

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metronews.ca Monday, March 23, 2015 metr⊕ **WORLD**



Medieval king honoured with reburial

Richard III.

Monarch's remains get proper funeral after being found in a Leicester parking lot

Richard III was finally getting the ceremony and honour a king deserves, 530 years after his ignominious death in battle.

Hundreds of people, including some in period costume and armour, turned out

in Leicestershire on Sunday to watch a procession carrying the remains of the medieval king whose bones were found in 2012 under a parking lot. The cortege made its way to Leicester Cathedral, where the monarch will be properly reburied.

Richard, the last Plantagenet king, was killed in battle against Henry Tudor in 1485 and buried hastily without a coffin in a longdemolished monastery.

His bones weren't found until 2012, when archaeologists excavated them from a Leicester parking lot. DNA tests, bone analysis and other scientific scrutiny established that the skeleton belonged to the king.

On Sunday, a hearse carrying the monarch's remains, sealed inside an oak coffin, processed through Leicestershire's countryside to Bosworth, the battlefield where the monarch fell. Crowds lined the route of the cortege, and re-enactors in costume fired cannons in a 21-gun salute.

Michael Ibsen, a descendant of the monarch who built the coffin that carried Richard's remains, was among academics and others who placed white roses on the casket during a short ceremony earlier Sunday.

The coffin will lie in Leicester Cathedral, where it will be lowered into a tomb on Thursday.

"His reburial at the end of the week will have all the dignity and solemnity that his original burial never had," said Phil Stone, chair of the Richard III Society. It was time to reconsider the

"His reburial at the end of the week will have all the dignity and solemnity that his original burial never had."

Phil Stone, chair of the Richard III Society, on Richard III's enduring legacy

king's legacy, he added. "Let us remember King Richard III: the good king. The warrior king," Stone said. THE ASSOCIATED PRESS

Royal return

A tale of two kings?

Revisionism. The monarch was most famously portrayed as a hunchbacked villain in Shakespeare's play Richard III, though some historians say he was a relatively enlightened monarch whose name was besmirched by his op-

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metronews.ca Monday, March 23, 2015

Ottawa spent \$24M to polish oil image

Campaign. Ads not designed to sway people about Keystone XL, one official says

The multimillion-dollar campaign to market Canadian oil in the U.S. was hard to miss.

The Maple Leaf was plastered on the walls of subway stops in Washington, D.C., and it popped up in all sorts of American publications with such messages as "America's Best Energy Partner" and "Friends and Neighbors."

Documents obtained by The Canadian Press offer a peek at the behind-the-scenes strategic considerations in 2013, as the federal government conducted a \$1.6-million US ad campaign that grew into a \$24-million, two-year program that wraps up this month.

The records, released

Campaign online

- LinkedIn was dropped because of a disappointing click-count.
- The marketing manager at Natural Resources didn't want federal ads appearing on Buzzfeed under glib headlines like LOL, OMG and WTF. He also warned against using Facebook: "I think it's dangerous."

under the Access to Information Act, reveal the websites to be shunned as advertising outlets; the Internet search words that would trigger a Canadian energy ad; the coveted locations for bill-boards in Washington, D.C.; the rejected proposals; and the U.S. ad salespeople who angled for a slice of the publicity nie

Throughout the two-year

campaign, the Keystone pipeline issue remained unresolved. But that doesn't mean it failed, defenders say. In fact, the ads didn't menion Keystone. The original call for tenders spelled out the mission: to defend Canadian energy's reputation against hostile groups and lawmakers threatening antioilsands measures in the U.S. and Europe.

So was the campaign successful? A separate budget was used for gauging the public response: \$58,335 for an initial focus group and \$49,393 later for a poll.

The poll showed most D.C. respondents had seen the ads. They didn't quite agree, however, on what they had seen. The most popular takeaway message, at 17 per cent, was that Canada and the U.S. were friends and energy partners. Building Keystone XL got 11 per cent

THE CANADIAN PRESS



Starbucks U.S. ends in-store 'Race Together' campaign

A barista at a Starbucks store in Seattle puts a "Race Together" sticker on a customer's cup earlier this month. As of Sunday, Starbucks in the U.S. has ended the visible component of its diversity and racial inequality campaign. But the coffee chain's initiative will continue more broadly without the handwritten messages. The campaign has been criticized as opportunistic and inappropriate, coming in the wake of racially charged events such as national protests over police killings of black males. THE ASSOCIATED PRESS FILE.

Drones

First-of-its-kind park in the U.S. creates a buzz

The first unmannedaircraft business park in the United States is still several weeks away from the start of construction, but backers of the project say many companies are showing interest. The 1.2-million-square-

The 1.2-million-squarefoot park is called Grand Sky. The facility, located on the Grand Forks Air Force Base, N.D., will have space for hangars, offices, shops, laboratories and data centres.

Defence technology giant Northrop Grumman, based in Virginia, has already signed a letter of intent to anchor the park, which is expected to create thousands of jobs.

One company looking to get in on the ground floor of Grand Sky is Smart C2. The president of the software business says the park should help small businesses grow into valuable companies.

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Montreal's gay village looks to reinvent itself

Technological advances and changing lifestyles are forcing Montreal's gay village to reinvent itself, with local businesses having to adapt to the reality that homosexuals feel increasingly comfortable in different corners of the city.

Merchants point to mobile dating applications as a key reason for young homosexuals ditching bars and nightclubs as places to find

Yves Lafontaine, editorin-chief of Fugues magazine, the largest French-language gay publication in the province, believes young gay men and women feel more at ease in most parts of the city and don't look only to the village

Quoted

"Before 2005-06, the only place gay people could meet was in gay establishments. Now, the paysage (landscape) has changed."

Yves Lafontaine, editor-in-chief of Fugues magazine, the largest French-language gay publication in Quebec

to live, shop and party.

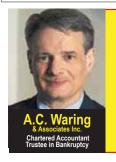
What's left is a neighbourhood in flux, as businesses rely more and more on the summer tourist season to stay financially sustainable.

Jean-Marc Cardinal, who

has owned and operated his barber shop, Mohawk Barbier Montreal, for 13 years, said the neighbourhood's popularity peaked in the 1990s, when gay men and women still faced significant discrimination in other parts of the city.

Gay villages across North America have become victims of their own success and of society's increased tolerance. New York's Greenwich Village, formerly a gay and bohemian mecca, now hosts some of the most expensive real estate in America. New York has several areas in and around Manhattan that are considered gay-friendly neighbourhoods.

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VOICES

FREEZEWAY NOT WINNING HEARTS AT HOME

Matthew Gibs's plan for an 11-kilometre skating track called the Freezeway has fired the imagination of people around the world. But he still has to hear from anyone in Edmonton who could take the idea farther along the road to reality



The last two months of Matthew Gibs's life have been, in his words, "insane."

While the Edmonton-raised, Vancouver-based landscape architect tried to settle into a new job, his fantastical plan for an 11-kilometre skating track called the Edmonton Freezeway has captured the world's imagination. In addition to coverage in Wired, BBC, NPR radio (twice) and Newsweek, he's been interviewed by World Architecture News and the American Society of Civil Engineers' magazine.

All that attention for what is, essentially, a document with no funding, no legislation, no government support. Yet many enthusiastic readers across the world think Edmonton is about to construct the boldest active transporta-

tion plan in the western world, inspiring such comments as "I'd move to Edmonton for this"; "moving to Edmonton"; and "I wish I lived in Edmonton"

Forgive me for reading too much into some off-the-cuff tweets, but such mutterings are rarely heard outside of Westlock. Numerous media outlets have falsely reported that it's being built. It's not even being considered. Yet no one from the city is rushing to correct these reports. Nor is it rushing to embrace the idea.

"I've heard nothing from nobody except newspapers," says Gibs, 29.

In truth, arm's-length departments Make Something Edmonton and the Winter City Strategy have done their best to legitimize the plan. But after inviting him to present it at the recent international winter cities conference, where the Freezeway was talk of the event, no one of influence reached out to him.

Gibs has reached out to councillors, though. Only Coun. Ben Henderson, who spearheaded the Winter City Strategy, has been encouraging, suggesting he pilot the Freezeway somewhere. Gibs is in talks with the Edmonton Ski Club. But even if it comes through, it misses the point: The Freezeway is an urban commuter track, not a recreational nature path. A moderate skating pace of less than 14 km/h could cut walking commutes by a third and even beat some buses.

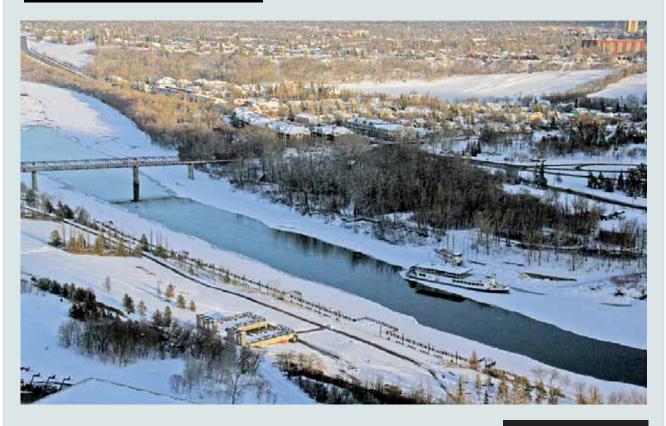
Gibs insists the Freezeway can be done for cheap: Under \$13,000 for the first 2.5 kilometres, alongside the Northlands to downtown LRT or along 121 St., if it's maintained by volunteers and "typical backyard rink technology." He estimates the priciest section, along 105 Ave., where framing would be required, would cost \$900,000 initially. By comparison, the city contributed \$400,000 to the transient, one-kilometre track for Red Bull Crashed Ice. Inspired by

Crashed Ice, as well as Light the Bridge, he's tried for support from the Katz Group, since the Freezeway suggests a connection to the future arena. His requests (and mine for this article) were ignored.

It's hard to get a comment on the feasibility of the Freezeway. Because it hasn't been formally proposed and "still very much at a concept level," city engineers wouldn't speculate about it, said a spokesperson. It is easy, however, to see how it aligns with administration's goals of promoting winter tourism, active transportation, sustainable transportation and innovation. "With many of the ski hills forecasted to close in the States over the next 50 years," he says, "we'll be well situated to serve winter to the world."

In the meantime, he's trying to serve it himself, but looking to build a "Friends of the Freezeway" team. Interested citizens can get in touch at freezewayedmonton@gmail.com.

Your Edmonton



Signs of spring: River ice melts

Despite getting a wintry dump of snow over the weekend, there are signs of spring in Edmonton, as the ice on the North Saskatchewan River can be seen starting to break up. RYANTUMILTY/METRO

SEE YOUR SHOT HERE: Send us high-quality snaps of your city to readers@metronews.ca

Upcoming

Board game lovers, get ready to rumble

Whether it's Dungeons and Dragons or Monopoly, board games have always played an important role when it comes to family fun. This weekend, those who are still in love with the flat-faced forms of entertainment can head down to Edmonton's GOB-Fest board game convention. According to the event's website, GOBFest — hosted by the Players of Games on Board — runs March 28 and 29 at the Alberta Avenue Community Hall. It's a board game convention "run by nerds and for nerds." Tickets to the event are \$20 to attend Sunday, \$25 to attend Saturday and \$40 for a full weekend pass. For more information visit: gobfest.ca Metro

Edmonton gets set to strike a pose

Fashion fanatics should get their vogue face on as the Western Canada Fashion Weeks is coming to the ATB Financial Art Barns in Edmonton from March 27 to April 4. According to the event's website, Western Canada Fashion Week is the second-largest Fashion week in Canada and has become a "nationally recognized fashion and design event," since it was established in 2005. Western Canada Fashion week features both afternoon and evening events, and tickets range in price from \$10 for some of the event's afternoon shows and \$105 for a weekly festival pass. For more information visit: westerncanadafashionweek.com



20 **DIGITAL** metronews.ca Monday, March 23, 2015

Introducing the 'smelfie'









The #delfie, or selfie with a dog, may be the most adorable of them all. INSTAGRAM/CARLEYFORTUNE

Culture. The popularity of the selfie has spawned a seemingly endless variety of wacky offshoots

DEBORAH HERNANDEZ

Confused about all of the selfies showing men holding soiled diapers on Twitter lately?

on Twitter lately?

The "smelfie" is a new breed of selfie that started when Adam Hill, an Australian comedian and father, tweeted a photo of himself making a sour face while holding up his daughter's soiled diaper and hashtagged it #smelfie.

But, why is social media so obsessed with selfies (and its other popular variations)?

Marcel Danesi, a professor of anthropology at the University of Toronto, says it's because selfies allow people to share their experiences and their true "self" with the world.

"We have this need to assert

ourselves," Danesi says, "and technology gives us a chance to do this much more regularly and spread it broadly."

The need to share one's thoughts, opinions and photos isn't anything new, but is the ever-growing trend of selfie sharing a sign that society has become too narcissistic?

"Narcissism has existed since the ancient world," Danesi explains.

"Selfies allow an expression of this by the individual. There's no need to go to a portrait painter or professional photographer any-

These days, many social media users post photos of themselves in the most mundane situations, such as #postworkoutselfie or #iwoke-uplikedis, which Danesi says is because everyone believes — or wants to believe — that people care about who we are.

"It's a way of making your mark in the world," he adds.

It could be our way of saying, "look at my world. Look at my situation and try to understand what I'm going through."

Navigate the crazy world of selfies

The belfie

According to Vogue, we're in the era of the big booty and the number of people posting belfies (selfies of butts) seems to have proven this right.

There's even a "belfie stick," a bendable, titanium steel stick that allows users to take pictures of their behinds that you can purchase for \$70.90

But, if you're in the market for one, you'll have to wait a bit longer since the 'Belfie Stick' is currently out of stock.

The #postworkoutselfie

Show off your body and healthy lifestyle to the world with this type of selfie. The #postworkoutselfie often includes gym mirrors and bodies encased in tight workout clothes, glistening with sweat.

The #iwokeuplikedis/ #nomakeupselfie

In her song Flawless, Beyoncé sings, "I woke up like dis" about a dozen times, generating a selfie trend where people now post what they look like after just waking up.

Often users share photos of themselves looking far too flawless to be believed or hilariously honest with major bed-head.

The #pelfie / #delfie / #felfie

Possibly the most adorable selfie of all, the #pelfie is a selfie with a pet. It's cousins are the #delfie (selfie with a dog) and the felfie (selfie with a farm animal).

The #cryingselfie

Crying selfies break away from the mould by showing people in some of their most unhappy moments and although some people find these photos inappropriate and uncomfortable to look at, posting them might be cathartic for some users.

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metronews.ca Monday, March 23, 2015 **SCENE**

John Legend talks copyright and ending racism

Music. All of Me singer tackles Blurred Lines and Common backlash

John Legend says he's concerned that the Blurred Lines verdict could set a scary precedent for artists creating music inspired by others.

In an interview with The Associated Press, the Grammy winner said he understands why people say 2013's biggest hit song by Pharrell Williams and Robin Thicke sounds like Got to Give It Up, Marvin Gaye's 1977 hit, adding: "I said that when I first heard it, too."

But he said he doesn't agree with the jury that determined the performers copied elements of Gaye's

"You have to be careful when it comes to copyrights, whether just sounding like or feeling like something is enough to say you violated their copyrights," the singersongwriter told The Associated Press on Saturday before performing at the South by Southwest music festival. "Because there's a lot of music out there, and there's a lot of things that feel like other things that are influenced by other things. And you don't want to get into that thing where all of us are suing each other all the time because this and that song feels like another song."
Williams, with whom

Legend has worked in the past, and Thicke also were ordered to pay nearly \$7.4 million to three of Gaye's

"I think we have to be careful about that, and I'm a little concerned that this verdict might be a slippery slope," Legend said.

Legend also spoke about his collaborator Common's recent comments about racism that sparked some

Here are some highlights from the interview:

Are you working on a new

A week from Monday I'll start. I'm going on vacation next week because I need it (laughs) and then I'll really jump in the studio to start writing again.

All of Me was such a huge hit. Is there any pressure as you head into the next

The pressure I put on myself isn't, 'I have to make another All of Me. It's just I have to write great songs. I want to make a better record than I





movie) Selma. Where did It's sitting on my piano in New York at our apartment

Common received some backlash for his comments about ending racism on The Daily Show last week. What are your thoughts?

Oh yeah, I heard a little bit about it and I understand what he's saying because I do believe that part of us ending racism is us seeing each other's humanity and learning to love each other, even if we look different or worship differently or live differently.

But I think it's not enough for us to extend the hand of love. I think it's important that that goes both ways. It's important also that we look at policies we need to change as well.

It's important for us also to fight for certain changes that need to happen. And one of those issues that I really care about is educa-

But also another one is incarceration, which is what I talked about at the Oscars. And mass incarceration is a policy that's kind of built up over the last four decades and it's destroyed families and communities, and something we need to change.

And it's fallen disproportionally on black and brown communities, especially black communities, and it's kind of a manifestation of structural racism.

So when you think about that kind of thing, it's not enough to say we need to love each other, you have to go behind that and say we need to change these policies, we need to fight, we need to protest, we need to agitate for change.

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Music

Celine Dion to return to Vegas

Canadian singer Celine Dion will return to her residency in Las Vegas in August after taking an indefinite break last year to care for her cancer-stricken husband, People magazine

On her website, the star from French-speaking province Quebec hinted at the news on Saturday, exclaiming, "Good news on the horizon!" showing her husband and one-time manager Rene Angelil, 73, watching television footage of Dion.

Dion, 46, will be resuming her residency at Caesars Palace's Colosseum in late August with a new show, according to People.

Fashion

Greenpeace trains its eco eye on top fashion brands

Greenpeace has taken on the fashion world with Detox Catwalk, an online platform assessing the green credentials of major fashion brands.

The platform shows which labels are removing toxic chemicals from their supply chains and tackling water pollution. It also exposes the steps they are taking towards having their suppliers' publicly disclose pollution information.

Top Detox leaders applauded this year include Inditex (which owns Zara), Puma and Valentino, while sports brands Nike and LiNing trail behind in their



metr⊕ **DIGITAL**

Cardellini says Bloodline writers have finger on pulse

New Netflix series.

Actress happy to explore family dynamics (and don bug suits) making Florida-based drama

WEIDENFELD

Netflix seems to be trying out almost everything in terms of their original content, from standup specials to political thrillers to superhero shows.

Their latest, from Damages creators Glenn and Todd Kessler and Daniel Zelman, is Bloodline, which tracks the shifting loyalties in a fragmented family struggling with whether to accept the returning black sheep.

It's less compulsively bingeable than House of Cards or Orange Is the New Black, but that has something to do with the creators' decision to tease out reveals between various family members, who are played by such luminaries as Sissy Spacek, Sam Shepard and Kyle Chandler.

That's part of what attracted Linda Cardellini to the project. Known for her roles on Freaks and Geeks, Mad Men and ER, she plays youngest child (and only daughter) Meg, who argues in favour of welcoming back the perpetu-ally shifty Danny (Ben Mendelsohn). "I always say it's very layered," says Cardellini of her latest project.

"And the thing that the creators do really well is, they plant things in the beginning that will pay off as the entire series moves along. And everything is well-earned. Nothing comes out and hits you over the head." Asked to pin down the series' genre, she gives it some thought, then says, "I would say it's a family drama that turns into a psychological thriller that explores the dy-namics within a family and takes it to a really dark place."

That playing with expectations about the type of genre the show is was intentional, says Cardellini. "From the beginning, you think, 'Oh, I'm watching this thing that's about a family and the different dynamics that happen within a family, but at the



same time there's this unease about everything, and there's a tension here that I don't totally entirely understand,' and the way that that tension unfolds I think is what's really interesting about the show."

Of course, in a show about four troubled siblings, we had to ask Cardellini about her own family's layout. "I'm the baby of four," confirms Cardellini. "Hopefully they won't see too many similarities.'

The show takes place in the Florida Keys, and it's safe to say the locale plays a big part in the tone of the show.

"I would say it's a family drama that turns into a psychological thriller that explores the dynamics within a family and takes it to a really dark place."

Actress Linda Cardellini

This meant the cast had to be in the Keys for some time while they filmed, which Cardellini says was occasionally a bit of a challenge. "We were out there in the summer. It's a million degrees, and there are lots of mosquitoes, but it is beautiful.'

Beautiful, but uncomfortable. "We all developed a healthy neurotic fear of mosquitoes. I bought a bug suit for the first time in my life," she says. A bug suit? "It's like a full net suit from head to toe that mosquitos can't get through," she explains. "You can wear it outside, but you don't really want to go to any red carpet events in it."



MIND THE @RealKrisAhel

Downloads of the week

This week we look at Lost Sounds, Terry Pratchett and S.T.E.A.M.

Adventures of Poco Eco-Lost Sounds

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In this electronica relaxation adventure, you can navigate a beautiful dreamscape of totem animals and puzzle paths to unlock a free album for download using chill synths, sequencers, and amps.

A Slip Of The Keyboard

By Terry Pratchett

Kindle/iBooks/Kobo

In this collection of musings, speeches, and essays, Pratchett aims his humour at nuclear power stations, floppy hats, Alzheimer's, orangutans, and others things unrelated to his much-loved DiscWorld fantasy series, making this a fine way to remember the celebrated author.

Video game

Code name S.T.E.A.M.

For. Nintendo 3DS

Rated. Teen



In this wacky battle between American literary characters and invading aliens, you point and shoot as normal, but must move everyone and take turns as if it's a board game. The characters have inventive weapons, but I wish they had a more lively story.



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GOSSIP 23

NED EHRBAR METRO'S TAKE ON THE WORLD OF CELEBRITIES

What a Croc! Joke apology issued over joke

Eva Mendes came under fire last week for joking that sweatpants are the "No. 1 cause of divorce in America," because obviously we've exhausted all other topics over which to get outraged. To quell the public indignation, Mendes and partner Ryan Gosling

social media to assure all of their commitment to dressing for comfort, not style. First, Mendes posted an affectionate ode to her "favourite pair of sweatpants" on Instagram, apologizing for forsaking them.

struck out on

"Dear favourite pair of sweatpants. I was just kidding when I said you're the #1 cause of divorce.

Everyone knows that orange Crocs are the No. 1

cause of divorce. Either way it was a bad joke and feel terrible if you or anyone thought I was serious.



sweatpants. Sorry orange Crocs."

Then Gosling chimed in himself with some well-earned wisdom for others about how to live in polite society.

"Word to the wise. Don't joke about sweatpants or North Korea. Real hot button issues. Trust me," he tweeted.

"Obviously sweatpants thing was a joke. Wearing



them now. That's right, tweeting in sweatpants. Rats! Said too much! You win again



the bigger threat to happiness, so lighten up, everybody.

Jenner said to be reaching for the Stars

Speculation about Bruce Jenner announcing he's transitioning to a woman has swiftly shifted from a matter of if to a matter of when, and now it looks like it might be more about how high-profile he can go with it. And how high profile can he go with it? Dancing with the Stars high, according to Life & Style. Jenner "wants his public debut to be very big, and there is no better platform than going on Dancing with the Stars, a source says. "Bruce has been in

ys. "Bruce has been in talks to appear on the current season, but the timing didn't work out. Since he is planning on undergoing a sex change operation this summer, the fall would be a perfect time for Bruce to introduce himself to the world as a woman."

Is the end of One Direction upon us?

There might be trouble in teen pop paradise, as Zayn Malik has been sent home early from One Direction's

On the Road Again Tour, which is currently winding its way across Asia. Malik is said to be "stressed," and some worry this might be a sign of greater trouble for the group. "A lot of people in their camp fear that this is the beginning of the end for One Direction," a source tells Radar. "The higher-ups ordered Zayn to take a break because there are

concerns for his well-being. Zayn's management is livid right now, but they are also very sympathetic."

So what kind of stress are we talking about? Malik, 22, has "been living in the fast lane like a true rock star for years. He tells everyone that he wants to have a normal life, but lives in the fast lane," the source adds.

Saldana not up for a D & G boycott

Personally, I'd wager that

a lack of a sense of humour is

Sorry, Elton John, Zoe Saldana will not be joining your boycott of designers Dolce and Gabbana over their comments about gay and lesbian parents having "synthetic" children.
"That would be the stupidest

thing if it affected my fashion choice," she tells E News at the GLAAD Media Awards this weekend. "People are allowed to their own opinion. However, I wouldn't have chosen to be so public about something that's such a personal thing. Obviously it caused some sensitivity, but then again, if

you continue to follow the news, you see they all kind of hugged it out, so why are we making a big deal about it?"

I ... don't really have an answer for that, ma'am.

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Saving is a lost art. You'd think that with all the yadayada about how important it is to save, what a big deal RRSPs and TFSAs are, and the scant resources we'll have if we count on the government, that we'd all be squirrelling away money for the future at a wicked pace. We're not.

So much of the blah blah blah about building up a stash of cash for the future centres on the next big investment that will get you to where you want to be. If it's really so easy to be a successful investor, why aren't there more of 'em?

If what's stopping you from saving is the sense of "I don't know what to do with the money once I've saved it," I can reassure you that deciding what to invest in isn't as hard as you might think. Forget about analytics and market timing, forget about what was hot last year. You're going to focus on these three things:

Define savings

2015 RVR

If you're sticking money away for a vacation, for gifts, for car insurance, that's not savings; it's planned spending



•When you'll need the money.

•How willing you are to lose money because investments can take a dive.

•How knowledgeable you are about investing.

If you won't need the money for 10 years or more, the world in your oyster. You can buy just about everything

If you're willing to take chances — you win some, you lose some — then you have to figure out how much 'lose some' you can stand. All of it: you're a risk taker; none of it:

stick with sure and steady. If you can't explain what you're thinking of buying to a 12-yearold, you can't buy it.

But that doesn't mean you can't be an investor. Everyone can be an investor. Earning even a sad .25 per cent on your savings account makes you an investor, albeit a lazy one. And if you have a stomach for more risk, learn about indexed investing and get busy.

Investing isn't the biggest barrier to building up a nest egg. People often misunderstand what "saving" is. Saving is "not spending money" and if you want to have "savings" you have to take the money you didn't spend and put it somewhere to accumulate for the future. If you're sticking money away for a vacation, for gifts, for car insurance, that's not savings; it's "planned spending."

It's smart to accumulate money for big spends right along with your day-to-day needs, but it's not savings. Unless it's going into an emergency fund, a long-term savings - think retirement or school - it's not "savings."

Saving a measly four per cent of your income isn't going to get you to where you want

If you don't leave yourself enough time for your money to do some of the heavy lifting — I'm talking compounding here — you're doing yourself a huge disservice. Start saving in your 20s and your money will grow, grow, grow.

- Assume you make \$45,000 a year, save 10 per cent, a month, and earn 3 per cent return on your money on average, and don't have to pay tax on the income (you've put the money in a TFSA or
- Start at 25 and by retirement, (assuming it's at age 65) you'll have \$357,441, \$172,941 of which came from interest.
- Start at 35 and you'll have \$226,594, \$87,094 of which came from interest.
- Start at 45 and you'll have \$129,623, \$35,123 of which came from interest.

to be. With 35 years or less to your retirement date, you need to be socking away 10 per cent. With 25 years or less, if you haven't saved any money, you need to be squirrelling away 18 per cent of your income.

Money is an exhaustible resource. It runs out. If you want to have some for later, you've got to avoid spending some now. Begin developing the saving habit and you're heading in the right direction. Momentum will carry you along.

Ultimately, how much you save and how long you save are just as important as what you do with those savings.



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Monday, March 23, 2015

FOOD 25

Soba so good as versatile noodle salad

Asian Soba Noodle Salad. Coconut milk and peanut-dressed veggies and noodles make a colourful starter or main



ROSE REISMAN
For more, visit
rosereisman.com or
follow her on twitter

Soba noodles are Japanese noodles made of buckwheat and wheat flour. They are perfect to use in either hot or cold pasta dishes and don't soak up the sauce as quickly as regular pasta. Combine them with a coconut-peanut dressing and a variety of vegetables to make this great appetizer or main course.

Always purchase natural peanut butter, which has nothing but nuts. Processed peanut butter contains icing sugar and can be hydrogenated. Almond butter is also a great substitute.

Directions

Salad

- **1.** Bring a large saucepan of water to a boil and cook the noodles for 3 to 5 minutes or until tender. Drain. Rinse under cold running water and drain again.
- **2.** Combine the noodles, snow peas, red pepper, green onion, cilantro and peanuts in a large serving bowl.

Dressing

- 1. To make the dressing: Combine the coconut milk, peanut butter, soy sauce, vinegar, sesame oil, sesame seeds, garlic, brown sugar, ginger and chili sauce in a bowl or a small food processor.
- **2.** Whisk or process the mixture until smooth.
- **3.** Pour the dressing over the vegetable-noodle mixture and toss to coat.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

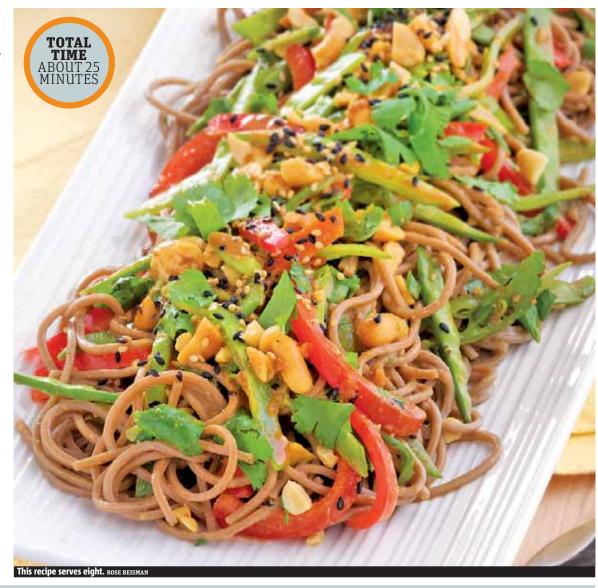
Ingredients

Salac

- 8 oz thin soba noodles
- 1 1/2 cups finely chopped snow peas
- 1 1/2 cups finely chopped red bell pepper
- 1/2 cup finely chopped green onion
- 1/3 cup chopped cilantro or parsley
- 1/4 cup chopped peanuts

Dressina

- 1/2 cup light coconut milk
- 3 tbsp natural peanut butter
- 2 tbsp low-sodium soy sauce
- 2 tbsp rice vinegar
- 1 tbsp sesame oil
- 1 tbsp toasted sesame seeds
- 2 tsp minced fresh garlic
- 2 tbsp brown sugar
- 1 tsp minced fresh ginger
- 1 tsp hot chili sauce, or to taste



Japanese miso soup made easier with chicken stock



A miso soup is a traditional Japanese soup where the key ingredient is miso paste.

Traditionally the stock is made from "dashi," a type of kelp. For a simpler ingredient, I just use chicken stock.

Miso paste is fermented soy beans that comes in different strengths. I like a milder variety such as *shiromiso*, or 'white' miso. You can always use firm tofu or shrimp to replace the chicken.

Directions

- 1. Bring a pot of water to a boil and cook noodles just until tender, about 3 minutes.
- 2. Drain water.

Ingredients

- 3 oz soba noodles or whole wheat spaghetti
- 4 oz boneless chicken breast, pounded
- 5 cups chicken stock
- 2 tbsp white miso paste
- 1 tbsp light soy sauce

• 1 tsp minced ginger

- 3 tbsp chopped green onions
- 2 tbsp chopped cilantro or parsley
- **3.** In a skillet or grill pan sprayed with vegetable oil, cook chicken until no longer pink, about 5 minutes.
- **4.** Bring chicken stock to a medium heat. Add miso, soy sauce and ginger.
- **5.** Simmer covered for 5 minutes. Add noodles and chicken and serve in small bowls garnished with green onions and cilantro.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

metre ws.ca Monday, March 23, 2015

Advice

I've bean the coffee mule at work too long



OFFICE SPACEEleni Deacon
life@metronews.ca

Dear Metro, Whenever I leave for a coffee break, one of my colleagues asks me to get her a complicated espresso drink. While I'm happy to pick up the occasional latte, it's becoming a regular request. Sometimes she doesn't even pay me back! It seems rude to say no - but I don't like feeling like her assistant when we work at the same level. How can I get out of bean duty without appearing impolite? Not Your Daily Grind

Dear NYDG,

There's a reason your coworker has started treating you like her personal cappu-courier: You're letting her. When friendly deeds go unreturned, it's time to filter your favours. Evasion is an option. Before she places her order, quietly duck out. Your single Americano will send the message that you're now buying coffee for one.

Can't dodge her demands? Try splitting the labour. Say you're super busy, and suggest you swap spots: For the next week, she grabs the java while you stick to your desk. If she agrees, your days as caffeine mule are done. If she says no, you have licence to dismiss all future errands.

Sporadic coffee runs are a nice gesture. But

when you regularly allow colleagues to exploit your generosity, you set a dangerous precedent. Put a lid on your pushover tendencies before they spill into other areas of your work.

Dear Metro,

A new guy just started at my office in the same position as me. It's only been a few weeks, but he's already outshining everyone in our department. My boss keeps praising his work and my colleagues all want to be his best friend. I have to admit I feel very threatened by his instant popularity. Is there any way I can hold my own against this new superstar? — Skulking in the Shad-

Dear SITS,
To maintain your own
value, quit fixating on
somebody else. Not only
will your anxieties seem
petty, they will also distract you from your job —
which will only make new
guy gleam brighter.

Instead of getting outshone, bask in your new colleague's glow. Get to know his work style, and establish yourself as a reliable day-to-day ally. In the short term, you'll seem like a team player with good taste in friends. But this is also a great longgame strategy: should new guy's star rise, he'll pull you up with him.

Not that you need his support. New guy may be shiny and fresh, but your role is more entrenched. Rather than fussing over a co-worker's flashy performance, worry about honing your own. Then new guy will be intimidated by you.

Fake It Till You Make It (without huge mistakes)

When starting a new job. Follow this checklist to ensure you nail your role by listening, dressing and interacting in the best ways possible

LAUREN MARINIGH

Everyone has heard the saying, "fake it till you make it"
— but how do you put those words into action when starting a new job?

Giving off a winning impression is key to driving success in your professional life. However, it can be challenging to do that when you're trying to figure out your new role, on top of adjusting to a new work environment and new teammates. It's easy to say "take risks," but making unnecessary mistakes can have consequences.

So how do you establish your competence? Read on and find out!

Master the meeting

It can be difficult to give off an aura of confidence when introducing yourself, especially when you are out of your comfort zone. Whether you're talking to a colleague or a client, you need to make sure that they know you have your role under control.

Start introductions with a smile and firm handshake. Stand up tall, make eye contact, and speak with confidence. Don't let your nerves take the best of you — and most importantly, never make any promises or state any facts

that you don't know for sure. The best way to handle these situations is to let them know that you will double check for them with a colleague, and follow up with them in a timely manner.

Dress the part

Dress as if you have a meeting with a CEO, even if you're just heading in for a routine work-day. Pick out your favourite blazer, your favourite tie, and accessorize like you're going to a big business event.

Dressing professionally can help boost your inner confidence and set a tone with others around you. Think about it — are you more likely to trust the advice of someone in jeans and running shoes, or someone dressed like they just came back from a board meeting? Take a look at what senior people are wearing within your company, and mimic their style — as they say, "dress for the part you want, not for the part you have!"

Listen carefully

Spend your first few weeks soaking up information. The more you listen, the more you will get a sense of the company and your role, which in turn will allow you to feel more comfortable and confident going forward. Not to mention that it will show you genuinely want to learn before doing.

When you talk, select moments where you can contribute something solid to the conversation or meeting.

Don't just talk for the sake of talking — people who talk without thinking are less likely to have credibility among their peers.

The bottom line is: Be confident! Confidence is key — after all, people are unlikely to believe in your skills if you don't show you believe in them as well. Be sure your confidence

is genuine and humble.

It's very easy to cross that fine line into "arrogance", which will likely turn off your co-workers. Remember, just because you want to appear capable doesn't mean you can't ask for clarification. You never want your confidence to override the need to learn and grow professionally or personally.



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metronews.ca Monday, March 23, 2015 **WORK & EDUCATION**



Playing your way back to good health

Rehab video game.

Romanian software developer hopes to turn a painful process into enjoyable activity played on your Xbox

A broken arm as a boy led Cosmin Mihaiu and some inventive colleagues to turn tedious physical rehabilitation exercises into a game that they hope can make it easier for people to recover from injuries.

The Romania-born software engineer demonstrated the game last week at the prestigious TED Conference in Vancouver, showing how it can be played on the motion-sensing video game platform Kinect for Micosoft's Xbox.

"We need to come up with solutions to get patients motivated to get better," Mihaiu told AFP. "No one likes treatment, but if we can make it in a way where people don't think it is cumbersome they will get better faster and save costs.

Mihaiu and his colleagues devised the software application to work with physical therapists to customize motion-control games to reward patients for doing prescribed movements. The system, called MIRA (Medical Interactive Recovery Assistant), is currently designed for play offline in clinics.

Its makers plan to create an online version that people could use at home, with performance data shared with therapists. "We don't want to replace physical therapists. We want to develop a digital pill that can be prescribed to help the patient get better," Mihaiu said.

MIRA is being tried in clinics in Britain and Romania, with an annual subscription price of several thousand dollars, Mihaiu said. He added

Ubisoft in early March unveiled a tablet video game crafted as a prescription for a medical condition known as "lazy eye," blending the worlds of play and treatment. The France-based video game titan also created Dig Rush in collaboration with U.S. health technology startup Amblyotech, using treatment technology from innovators at Canada's McGill University. The game targets amblyopia, a condition in which a person's eye and brain are out of sync.

that there is a large market in the rehabilitation industry because unlike consumer-focused fitness games, medical games come with endorsement and followup by doctors, nurses or therapists. AFP

When applying for a job gets weird. The 10 oddest questions from real interviews

Interviews are nerve-racking as it is, but when an interviewer throws a question at you like, "If you were a tree what kind of tree would you be?" that can just be the end of you.

Glassdoor has compiled a list of the Top 10 most "oddball" interview questions of 2015 so far. While no one is asking you what kind of tree you are, there are some curveballs.

- 1. "What would you do if you were the one survivor in a plane crash?" - Airbnb Trust and Safety Investigator job candidate
- "What's your favourite '90s jam?" - Squarespace Customer Care job candidate
- 3. "If you woke up and had 2,000 unread emails and could only answer 300 of them, how would you choose which ones to answer?" – Dropbox Rotation Program job candidate.
- 4. "Who would win in a fight between Spiderman and Batman?" - Stanford University



Medical Simulationist job can-

- 5. "If you had a machine that produced \$100 dollars for life, what would you be willing to pay for it today?" - Aksia Research Analyst job candidate
- 6. "What did you have for breakfast?" – Banana Republic Sales Associate job candidate
- 7. "Describe the colour yellow to somebody who's blind." - Spirit Airlines Flight Attendant job

candidate

- 8. "If you were asked to unload a 747 full of jellybeans, what would you do?" – Bose IT Support Manager job candidate
- "How many people flew out of Chicago last year?" – Redbox Software Engineer II job candi-
- 10. "Who's your favourite Disney Princess?" - Coldstone Creamery Crew Member job candidate MATTHEW LEE/METRO NYC



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28 SPORTS metronews.ca Monday, March 23, 2015

Swiss rink denies Jones gold medal

Curling. Canada takes silver at world championship, earning sixth straight medal

Jennifer Jones kept Canada's medal streak alive at the women's world curling championship, but she wasn't able to end the country's goldmedal drought.

The Winnipeg skip lost 5-3 to Switzerland's Alina Patz in Sunday's championship game, a loss that also ended her bid to become the first reigning Olympic champion to win Canadian and world titles the following season.

Jones, third Kaitlyn Lawes, second Jill Officer and lead Dawn McEwen dug themselves a hole early, unable to put any points on the board until the seventh end and spotting Patz a 4-0 lead.

"I wish we could start the game over again, but that's just not the way the game goes," said Jones. "We left it all on the ice, and I couldn't really ask for ourselves to do anything more than that. We did push them, and I'm proud

Quoted

"I wish we could start the game over again, but that's just not the way the game goes."

Canadian skip Jennifer Jones, whose rink at one point trailed 4-0 against Switzerland in the championship match.



of the girls for that."

It's the sixth straight year a Canadian team has reached the podium at the tournament, a streak that no other country can currently match. But gold has been elusive with Jones being the last Canadian champion in 2008.

Despite the slow start,

Despite the slow start, Jones was poised for a comeback in the 10th end as Patz was facing four Canadian counters when she drew to the button with her final shot.

"We made her make a good shot for the win," said Jones. "We kind of spotted them four points that I'd like back, but we hung in there and made a good game of it. All the power to them — she made a great draw to the button to win the world championship."

After a blanked first, Patz had a rare miss in the second when she was heavy on a draw to the four-foot for two and had to settle for a single.

But Jones returned the favour in the third when she was wide with her last-rock takeout, resulting in a rollout and a stolen point for Switzerland.

The Canadians would

blank the next two ends and then went hard for the deuce in the sixth. But Lawes was light and tight with a comearound attempt and the Swiss were able to put two rocks into the top four. Jones elected to draw the four-foot and was heavy, resulting in a stolen deuce for Switzerland.

Canada would finally hit the scoreboard with two in the seventh end, and then would pull off a steal in the ninth to cut the margin to one. But it wasn't enough as Patz secured Switzerland's third gold in four years.

THE CANADIAN PRESS

Tennis

Djokovic bests Federer in desert

Move over Roger Federer, there is another guy with a share of your crown as king of the desert.

Novak Djokovic defeated Federer 6-3, 6-7 (5), 6-2 to win his fourth BNP Paribas Open on Sunday, tying him with Federer for the most titles in the desert after winning for the second straight year.

Djokovic, ranked No. 1 in the world, and No. 2 Federer met for the 38th time, second-most among rivalries in the Open era. Federer leads the series 20-18 and had won three of their last four meetings going into the final.

Simona Halep beat Jelena Jankovic 2-6, 7-5, 6-4 in the women's final, giving the Romanian the biggest title of her career and a WTA Tour-leading third tournament victory of the year.

THE ASSOCIATED PRESS

MLB spring training

Cardinals rally past Giants

Madison Bumgarner allowed only one hit, an Albert Pujols home run, over six innings, but the Los Angeles Angels rallied Sunday for a 3-2 victory over the San Francisco Giants.

Matt Duffy and Justin Maxwell each had a homer against Angels starter C.J. Wilson, who allowed three hits over 4-1/3 innings, walked four and struck out two.

C.J. Cron doubled home a run and Efren Navarro hit an RBI single against Giants reliever Jeremy Affeldt in the top of the eighth.

THE ASSOCIATED PRESS

Richards rejoins defending Cup champs



The Los Angeles Kings recalled Mike Richards from their AHL affiliate on Sunday, two months after the \$69-million centre's high-profile demotion.

The defending Stanley Cup champions added the veteran to their low-scoring lineup before opening a five-game East Coast road trip with their playoff hopes in the balance.

After three losses in their past four games, the Kings (34-23-14) sit two points behind Calgary for third place in the Pacific Division when

Lack of firepower



Los Angeles has scored only five goals in its past four games while falling out of playoff position with 11 games left.

they visit the New Jersey Devils on Monday night.

Richards was waived and subsequently sent to the minors in January when the Kings finally lost patience with several seasons of declining offensive production. The former Philadelphia Flyers captain won two titles with the Kings in an important two-way role, but he has just five goals and 10 assists in 47 games with Los Angeles this season.

After Richards cleared waivers, he accepted the minor-league assignment and had 14 points in 16 games for Manchester. He is in the middle of a 12-year contract through 2020 that carries an annual cap hit of \$5.75 million. THE ASSOCIATED PRESS

metronews.ca Monday, March 23, 2015 **SPORTS**

Shockers live up to their name

March Madness.

Wichita State top No. 2 seed Jayhawks to move on to Sweet 16

The boys from Wichita State had been hearing it in text messages from friends, and on social media from total strangers: Don't let the chance & slip away.
The Shockers chance to stick it to Kansas

Finally getting a chance to play the school that continually spurns them, Fred VanVleet and the rest of the Missouri Valley champs rolled to a 78-65 victory over the second-seeded Jayhawks on Sunday, earning a trip to the Sweet 16 in the sweetest way possible.

"There's so much to be said about this rivalry with Kansas," VanVleet said, "but really, it's all about the fans. What better story is there for Wichita State?"

The Shockers have tried

game against Kansas, but the dominant school in the Sunflower State has always refused, arguing it would have nothing to gain from

After the beating they got Sunday, it's no wonder the Jayhawks never want anything to do with Wichita State.

Tekele Cotton scored 19 points for the seventhseeded Shockers (30-4), and VanVleet finished with 17. Evan Wessel hit four threepointers and scored 12, helping his team advance to Cleveland for a Midwest Regional semifinal against third-seeded Notre Dame.

"We don't have McDonald's All-Americans, we don't have guys that have been in the spotlight, and been given that pedestal," VanVleet said. "We work for everything we've got, from managers to coaches to our preacher to, you know, whoever. We've scrapped and fought our whole lives. THE ASSOCIATED PRESS

- Michigan State 60, Virginia 54. Travis Trice scored 23 points and Michigan State knocked No. 2 Virginia out for a second straight year.
- Duke 68, San Diego State 49. Jahlil Okafor had 26 points and Duke beat San Diego State to book a spot in the Sweet 16.
- Gonzaga 87, Iowa 68. Kyle Wiltjer scored 13 of his 24 points during Gonzaga's flawless first half and the second-seeded Bulldogs advanced to the round of 16 for the first time since 2009 with a win over No. 7 seed lowa.



Bruins look to be far from playoff shoo-ins in Tampa



n Tampa, Fla. MIKE CARLSON/THE ASSOCIATED PRESS

J.T. Brown and Anton Stralman scored 15 seconds apart soon after Tampa Bay captain Steven Stamkos got into a fight, and the Lightning stopped a 10-game losing streak against the Boston Bruins with a 5-3 victory on Sunday.

Tampa Bay also got goals from Vladislav Namestnikov, Jason Garrison and Ondrej Palat. The Lightning's last win over Boston was on Mar. 13, 2012, a 6-1 victory.

Patrice Bergeron, Zdeno and Daniel Paille

scored for the Bruins, who are 0-3-2 over their last five games and hold a one-point lead over Ottawa for the final Eastern Conference play-off spot. The Senators have played two fewer games.

Less than a minute after Stamkos fought Boston's Brad Marchand at 10:05 of the first, Brown (10:47) and Stralman (11:02) beat Tuukka Rask to put the Lightning up 3-1.

The Lightning trail Atlantic Division-leading Montreal

Namestnikov had tied it

at 1 from in-close at 5:49 of first after Rask made a pair of

Garrison made it 4-1 on his first goal in 40 games, which ended Rask's night at 7:54 of the second. Niklas Svedberg replaced Rask.

Bergeron opened the scoring 33 seconds in, beating Ben Bishop from the slot. Chara got a power-play goal midway through the third.

Palat also had a thirdperiod power-play goal before Paille scored in the final minute. THE ASSOCIATED PRESS

In Detroit

Justin Abdelkader helped get the Detroit Red Wings' four-game homestand off to a strong start.

 Abdelkader's power-play goal 24 seconds into overtime lifted the Detroit Red Wings to a 2-1 win over St. Louis. Detroit had a man advantage for the final 1:21 of regulation and to open overtime.

NBA



"I will likely never play basketball again. It's bittersweet. I

already miss the game deeply, but I'm also really excited to learn to do something else."

Victoria's Steve Nash announced his retirement Saturday following an illustri-ous 19-year NBA career that included two MVP awards. The 41-year-old made his announcement on Twitter and in a letter on The Players' Tribune website

Premier League

Gerrard red card shocks Anfield

Steven Gerrard was sent off less than a minute after coming on as Manchester United beat Liverpool 2-1 Sunday in the Premier League with two goals from Juan Mata.

The 34-year-old Gerrard was shown a straight red card for stamping on Ander Herrera after replacing Adam Lallana at the start of the second half.

'I have let my teammates and manager down today. Even more importantly, I let



all the supporters down and I take full responsibility for my action," Gerrard told Sky

Mata scored in the 14th

minute at Anfield before doubling the lead with a spectacular scissor-kick in

THE ASSOCIATED PRESS

Golf

Every makes it two in a row at Palmer **Invitational**

Matt Every won the Arnold Palmer Invitational for the second straight year, making an 18-foot birdie putt on the 18th hole at Bay Hill to beat Henrik Stenson and earn trip to the Masters.

Every rallied from a fourshot deficit last year. This year, he came from three shots behind Sunday with a 6-under 66.

THE ASSOCIATED PRESS

MLB spring training

Martin homers for first time as a Jav

Russell Martin homered for the first time this spring, Roberto Osuna tossed 3-2/3 scoreless innings and the Toronto Blue Jays blanked the Tampa Bay Rays 3-0 on Sunday in a game that took just 2 hours, 2 minutes.

Martin's sixth-inning drive off reliever Mike Montgomery landed far beyond the right-centre field wall.

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



Horoscopes by Sally Brompton

↑ Aries

March 21 - April 20

Make sure you know what you are talking about because if you make things up you are sure to be found out.

Taurus April 21 - May 21

There seems to be a lot of self doubt in your mind, which is not like you. Prove you have what it takes by taking the sort of risk you would usually avoid — and be a star.

∐ Gemini

May 22 - June 21

You will find it hard to hide your emotions. Even if you keep your mouth shut your body language will give you away. That's good. Let others know you have feelings, too.

9 Cancer

June 22 - July 23

Try not to be too aggressive even if you think it is justified, especially in money-related matters. Don't upset people whose support you may need in the near future.

Leo July 24 - Aug. 23

Go above and beyond the call of duty. Your efforts will be rewarded in the long-term and you will feel good about yourself right now.

W Virgo Aug. 24 - Sept. 23

You may feel trapped by certain obligations, but now you must keep them. If you don't, your reputation could suffer damage it takes many months to repair.

△ Libra

Sept. 24 - Oct. 23

Your head may be full of big ideas but this is not a good time to push too hard. You will achieve more in the long term if you go with the flow.

Scorpio

Oct. 24 - Nov. 22

Everyone seems to know what is best for you. And everyone is wrong. Only you can decide on your next move. Make it a bold one.

Sagittarius Nov. 23 - Dec. 21

Something you say may hurt a friend's feelings but don't worry about it because they are not as weak as they like to make out. Call it as you see it.

り Capricorn Dec. 22 - Jan. 20

You like to prove yourself but don't upset people in positions of authority over the next 24 hours — the results could be painful.

≫ Aquarius Jan. 21 - Feb. 19

You may be adventurous by nature but try not to expose yourself to situations that could become difficult, or even dangerous.

H Pisces

Feb. 20 - March 20

The universe wants you to throw caution to the wind and do something that takes everyone by surprise. Sometimes others doubt you will ever be dynamic enough to succeed — but you're about to prove them wrong.

Crossword: Canada Across and Down by Kelly Ann Buchanan

19

Across

1. Internet hookup letters

4. Wild canine 10. 'Most Wanted'

ora. 13. "Take ___, _ insist."
14. Paul ___, The
Poseidon Adventure

novelist

15. Permit 16. NCC = Nature

of Canada

18. Unwell

19. Too snug 20. Military assistant

21. Recount

22. Skedaddles 24. Pierre Trudeau would stylishly wear one in his lapel: 2

wds.

26. Observer 28. Raises

29. Ladder step

32. Pulls the car

34. Young salmon

37. "We're on _ __ to nowhere." — Talking Heads

39. Texter's giggle 40. Ms. Hunt

41. Verdi opera, La del destino

42. Some jeans

44. Ouis opposites

45. Sad tune 47. Mon., on Tues. 49. Acknowledge, perhaps after being

in denial 51. Reaches a baseball base this way

55. Guzzle

60. CSA = Canadian 62. Egos and 63. Restraints

58. Not suitable

62

56. Many

59. Deceive

64. North or South country [abbr.] 65. Furry friend

66. Like a product with a big red tag:

2 wds. 67. 'Ear'-meaning

prefix Down

63

66

38

42

1. Word meanings bks.

2. Unflappable

3. Jargon

4. Pickles holder 5. Thomas Edison's middle name 6. Debussy's " Lune"

43

7. Saskatchewan town southwest of Saskatoon

8. Acquiesce 9. Actress Myrna journey, Amelia Earhart style: 2 wds. 11. "Beauty and the Beast" (1991)

Golden Girls"

67

character 12. "__ cost you!" 14. Estelle of "The 17. Music sub genre

50. ___ Sketch 52. Canadian musi-10. Embarks on a cian, Rick 53. Disney World attraction in Florida 54. Prefix to 'foam' 55. Movie extract

57. Cover the falcon's

metronews.ca Monday, March 23, 2015

of Alt-Rock named for

floor starers

collection 25. Skin irritation

21. Cape (New

Brunswick commun-

ity on the Northumberland Strait)

23. Going-together

27. Products by Can-

adian baking brand

Robin Hood: 2 wds.

29. U.K. mil. service

30. Tail-meaning

. 31. Yellowknife's

Territoires du _ -

35. Canadian actor

36. Belonging to

Nashville's li'l state

43. Parisian posses-

writing implement:

48. Garden gastro-

49. Reprimand

46. Type of BIC

locale, en francais: Les

prefix

33. Misery

Mr. Cariou

38. Jeanne

sive

2 wds.

pods

60. Pou __ (Vantage 61. All bets __ off

point)

Friday's Crossword

'n	R	A	w	N		t, "	A	°F	F	"A		'c	'n	">
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See today's answers at metronews.ca/answers



Build with confidence.

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

2	9	3	7	5	6	1	8	4
4	8	6	9	1	3	7	2	5
7	1	5	8	2	4	6	9	3
1	2	7	6	4	5	9	3	8
5	3	8	2	9	1	4	7	6
6	4	9	3	8	7	5	1	2
9	6	4	1	3	2	8	5	7
8	5	2	4	7	9	3	6	1
3	7	1	5	6	8	2	4	9

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	5						1	
8				1				9
	1		3		2		7	

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